



# READY FOR A NEW ADVENTURE? JOIN US!

**JULY 7<sup>th</sup> - 12<sup>th</sup>, 2024** FOR A FULLY-SPONSORED CAMP EXPERIENCE  
AT PLEASANT BAY CAMP

## Heroes' Camp is:

A fully-sponsored week at camp for children of our serving Military. Join us as we celebrate them and make a difference in the lives of those families making a difference in ours.



**Spots** - 32 available for children aged 11 - 15; 16 guys and 16 girls (first-time Heroes' campers)

**Location:** Pleasant Bay Camp, 493 County Rd 27, Consecon, ON K0K 1T0

**Sign up:** Contact Kendra Bickford at the Trenton base (see contact below)

**Application deadline:** April 30<sup>th</sup>, 2024. Please note that if more than 32 children apply, a lottery draw will be held on May 13<sup>th</sup>, 2024. Families will be notified of their acceptance on May 22<sup>nd</sup>.

Exciting camp activities include watersports (learn to Wakeboard or Waterski), beach day at North beach, rock wall, camp-wide games, crafts, canoeing, kayaking, SUPs, archery, and so much more! Catch a glimpse of camp life at <https://youtu.be/0XpN-5Pc8rY>

Thanks for making this camp the best it could be... you guys rock.



This camp is currently only being offered in English based on the Volunteer staff that run it.



Adrenaline pumping action!



Camp is SO much fun.



**Kendra Bickford (at 8 Wing Trenton)**  
Youth Services Navigator  
Trenton Military Family Resource Centre  
Centre de Ressources pour les familles des militaires  
kendra.b@trentonmfrcc.ca  
t. 613-392-2811 ext. 4739 f. 613-965-7371



## Other Details:

Please arrive at camp at 3:00 p.m. on July 7<sup>th</sup>, 2024; follow the signs for "Registration". The camp can be found on Google Maps at 493 County Rd 27, Consecon, ON K0K 1T0 Closing ceremonies and pick-up will be on Friday, July 12<sup>th</sup>, 2024 at 6 p.m. Parents will be directed upon arrival as to where to find the closing ceremonies.



## What to Bring:

- Enough modest clothing for a week (including a light jacket or sweater)
- Bathing suit (Girls: a one-piece please; also suggest board shorts to be comfortable during watersports)
- Rain gear (optional)
- Beach towel (2 - 3)
- Hat
- Comfortable shoes (including running shoes!)
- Toiletries (toothbrush, toothpaste, shampoo, soap, sunscreen, non-aerosol bug spray, hairbrush, etc.)
- Flashlight
- Sleeping bag and pillow (maybe a sheet to cover your mattress).
- Camera

- Reusable water bottle
- Medication in its original packaging/dispensing bottle (any medication not in its original bottle will not be accepted)
- A positive attitude 😊

## What NOT to Bring:

- Cell phones (a camp phone is available for emergencies)
- iPods • Video games • Knives or weapons
- Medication NOT in its original packaging
- Extra money (tuck fees are included in registration costs)

## \*DISCLAIMER\*:

**Heroes' Camp is organized and funded by the Heroes' Foundation. The Heroes' Foundation works with the MFRC solely in communicating the availability of the camp and gathering of applications.** Heroes' Foundation and Heroes' Camp are separate entities and are not affiliated with, or a part of, the MFRC. The MFRC is not responsible for the daily running of Heroes' Camp. The MFRC is only responsible for presenting the opportunity to Military families with the understanding that each family will decide for themselves if this is a camp opportunity that would be of interest to them. Heroes' Camp is facilitated at the Pleasant Bay Christian Camp. This camp conducts Christian summer camps throughout the summer. Heroes' Camp is not run as a traditional Christian camp and bases its curriculum on 'life lessons'. It should be noted, however, that Christian life principles and biblical scripture references are still used in this camp. (The full curriculum is available to anyone upon request via Tammy Snyder @ tsnyder@heroesfoundation.ca)

**The purpose of the Heroes' Camp is to thank the Military and its families for the many sacrifices that they make for the civilians in Canada and is simply our tangible way of showing this.**



[www.facebook.com/MilitaryOntarioCamp](https://www.facebook.com/MilitaryOntarioCamp)